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February 21, 2010

Dear friends of the Peace NGOs Forum,

Following my participation in the last bilateral conference in Jericho, on Jan 24-25, 2010, I wish to fulfil my promise and offer you all a gift:

A special training on the tools and skills of two complementary methods:

Nonviolent and Compassionate Peace Action, By Tich Naht Hann

And

Nonviolent Communication (NVC), By Dr. Marshall Rosenberg

These two methods can help us be more powerful and effective WITH others, including OPPONENTS and EXTREMISTS, draw them to our cause and be more effective in civil action and peace building. **The flyer is attached at the end of this letter.**

Please register till March 13, by replying to this mail to me, or to Sigal Gal-Yahav at: s.gal@peres-center.org !

Who are welcome to participate?

Peace leaders and activists, members of the Forum, who wish to enrich their capacities to connect with others and have influence with them, especially those of you who are challenged to deal with opponents and are looking for innovative ways to do so.

How long will the training take?

This training will be an introduction, which will take **2 hours**. (We may decide to do more in the future).

What shall we do in the training?

I'll demonstrate an effective listening and connecting with an opponent – most extreme and difficult to deal with, at your requests... (You will be asked to challenge me on this...)

Later we'll exercise the tools in pairs and individually.

Then we'll discuss what works and what is needed to master these tools.

When will it happen?

Sunday, March 21, 2010, at 14:00 to 16:00

Where?

In Beit Jala, at Talita Kumi. Transportation will be available, **upon early registration.**

What will you have to give for it?

Please bring your active participation and your curiosity. No fee – this is a gift.

I'd like to express my gratitude to the Peace NGO Forum for financing the venue and transportation.

Please look at the flyer attached.

I am looking forward to having you all with us, Hagit

**Be Powerful WITH the Others
Draw Their Attention and Willingness
To Join Your Cause
Nonviolently and Effectively**

**Learn To Use the Tools and Skills
Of**

**Nonviolent and Compassionate Peace Action
By Tich Naht Hann**

And

Nonviolent Communication (NVC)

By Dr. Marshall Rosenberg

**Turn Helplessness and Despair
Into An Opportunity**

For

Effective Joint Civil Action & Peace building

With

Hagit Lifshitz, M.A.

Co-founder and director of *Mifgash (Encounter) for Conflict Transformation*

A graduate in educational counseling from Hebrew University, Hagit has extensive experience in training and facilitating leaders and educators with the skills of Nonviolent Communication, Mediation and Peace Building.

Hagit is the editor and host of the All-For-Peace Radio show: “On Wolves and Giraffes – Peace is Not Only Politics”. <http://www.allforpeace.org/index.aspx?Programid=274&lang=3>

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